

WISCONSIN DIABETES MELLITUS ESSENTIAL CARE GUIDELINES – 2008

SUMMARY OF UPDATES

Section	Updates/Additions
General Recommendations for Care	<ul style="list-style-type: none"> ✓ Expanded content on physical activity ✓ New content on disaster preparedness and sharps disposal ✓ New tools: <i>Practice Prevention Prescription Template</i> and <i>State of Wisconsin Department of Natural Resources – Medical Waste: Disposing of Household Sharps</i>
Self-Management Education	<ul style="list-style-type: none"> ✓ New content on Stanford Chronic Disease Self-Management Program (CDSMP) ✓ New content on Medicare Coverage for Diabetes Screening, Education, and Supplies ✓ New tool: <i>Complimentary Programs to Support Self-Management for People with Diabetes</i>
Medical Nutrition Therapy	<ul style="list-style-type: none"> ✓ Change in frequency of visits with registered dietitian ✓ Enhanced content on carbohydrates, fats, cholesterol, dietary fiber, and dietary choices for pre-diabetes ✓ New tool: <i>How to Use a Food Label to Select Foods</i> ✓ Spanish versions added for all tools
Glycemic Control	<ul style="list-style-type: none"> ✓ A1c goal: ADA recommends < 7.0% and AACE recommends ≤ 6.5% (<i>individualize</i>) ✓ Expanded content on children with Type 1 diabetes, children with Type 2 diabetes, and progression of Type 2 diabetes ✓ New content on average plasma glucose levels (eAG) and comparison table of A1c and eAG ✓ New content on continuous glucose monitoring, injectable glucose-lowering agents, common expected A1c reductions based on different therapies, and sleep-disordered breathing and diabetes ✓ New tool: <i>Type 2 Diabetes: Glycemic Control Pathway</i> ✓ Revised tools: <i>Medication Update for Diabetes Mellitus – 2008</i>, <i>Insulin Therapy 2008</i>, and <i>Diabetes Sick Day Plan</i>
Cardiovascular Care	<ul style="list-style-type: none"> ✓ Expanded content on tobacco cessation ✓ New content on lipid screening and treatment in children/adolescents and accuracy of blood pressure measurement ✓ New tools: <i>Quit Tobacco Series: Medication Chart</i>, <i>A Pocket Guide to Blood Pressure Measurement in Children</i>, and <i>Recognizing and Treating Hypertension: 2007 Clinical Practice Guidelines for Adults > 18 Years Old</i> ✓ Revised tool: <i>Lipid Medication Update</i> (previously part of Glycemic Control section)
Kidney Care	<ul style="list-style-type: none"> ✓ New standard to check estimated glomerular filtration rate from serum creatinine at diagnosis and annually ✓ Expanded content on serum creatinine and estimating glomerular filtration rate ✓ Revised tool: <i>Screening and Initial Recommendation for Diabetic Kidney Disease</i>
Eye Care	<ul style="list-style-type: none"> ✓ Expanded content on anti-vascular endothelial growth factor (anti-VEGF) treatment ✓ New tool: <i>Eye DVD Order Form</i> ✓ Revised tool: <i>Dilated Retinal Eye Exam Communication Form</i>
Neuropathies and Foot Care	<ul style="list-style-type: none"> ✓ New standards: assess/screen for neuropathy, use tuning fork, and screen for Peripheral Arterial Disease (PAD) ✓ Expanded content on classification of neuropathy, distal symmetric polyneuropathy, autonomic neuropathy, and PVD ✓ New tool: <i>Diabetic Foot Screen for Loss of Protective Sensation</i> ✓ Updated tools: <i>Diabetic Foot Ulceration</i>, <i>Diabetic Foot Infection</i>, and <i>Charcot Foot</i>
Oral Health Care	<ul style="list-style-type: none"> ✓ New content on medical-dental collaboration, identifying undiagnosed diabetes in the dental care setting, and identifying undiagnosed periodontal disease in the primary care setting ✓ New tools: <i>Medical-Dental: Team Referral Form</i> and <i>Diabetes: Screening Tool for Inspection of Gums and Teeth</i>
Emotional and Sexual Health Care	<ul style="list-style-type: none"> ✓ Added content on postpartum depression and self-help
Influenza and Pneumococcal Immunizations	<ul style="list-style-type: none"> ✓ Added table: <i>Recommended Adult Immunization Schedule, by Vaccine and Age Group (19 Years and Older)</i> ✓ Condensed content with referral to ACIP recommendations
Preconception and Pregnancy Care	<ul style="list-style-type: none"> ✓ New standards: assess risk for gestational diabetes mellitus (GDM) and screening for Type 2 diabetes post-GDM ✓ New content on pre-diabetes and pregnancy, post-gestational screening, and breastfeeding/lactation ✓ New tool: <i>It's Never Too Late to Prevent Diabetes</i>
Pre-Diabetes and Screening Type 2 Diabetes	<ul style="list-style-type: none"> ✓ Revised standard: retest in three years or less ✓ New tool: <i>More Than 50 Ways to Prevent Type 2 Diabetes</i>